



GYM PLUS+ RATHFARNHAM

JOB TITLE: FITNESS INSTRUCTOR

The Fitness Instructor is involved within the organisation and operation of the Club facilities with the main emphasis being upon creating a unique member experience in a safe and welcoming environment.

The Fitness Instructor has specific responsibilities in the safe and effective management of the fitness facilities and equipment.

The Fitness Instructor will be responsible for ensuring the effective delivery of Fitness Classes and 1-1 appointments in line with Gymplus standards, Sales and Retention process and supporting manuals and materials.

EXPERIENCE AND KNOWLEDGE

Knowledge & understanding of exercise prescription
Knowledge & understanding of the fitness industry & current fitness trends
Knowledge of nutrition
Demonstrable evidence of Continuous Professional Development
Fluent English

Experience

Minimum 1 year in a fitness related role
Experience of delivering group exercise with proven success
Working with established systems that need to be followed precisely
Experience of using relevant IT & phone applications e.g. social media

Qualifications

REPS Ireland Level 4 or equivalent
Relevant Exercise to Music qualification
Qualified to teach group exercise classes

Salary: DOE

Please send CV and cover letter to Kevin at rathfarnhamfitness@gymplus.ie

closing date for applicants is Sunday 23rd July 12 midnight.

