



Gym Instructors required

Portmarnock sports & Leisure Club - Dublin

We are currently looking to recruit **Part time** Gym Instructors

The ideal candidates must be presentable, very enthusiastic and be capable of working in a fast paced environment. You must be fully flexible and available to work weekdays, weekends and evening shifts.

Requirements:

- ITEC/NCEF/Level 2 Fitness Instructor or equivalent qualification.
- Up to date First Aid/AED Qualification
- Ability to teach a variety of classes including Spin, TRX, Kettle Bells, Strength & Conditioning.
- Relevant experience and ability to design classes and fitness assessments.
- A keen interest in the Fitness Industry.
- Excellent Customer Service skills and the ability to work under pressure.

the duties for this role will include:

- Deliver Fitness Programmes to suit all fitness needs.
- Monitor member's progress in the Gym.
- Provide Fitness assessments.
- Assist Gym users in a helpful and courteous manner.
- Ensure the safety and cleanliness of the Gym
- Maintain the Cardiovascular and weights equipment.
- To teach a wide variety of classes

Interested candidates should apply with cv to Cathy McGivney, Portmarnock Sports & Leisure Club, Blackwood Lane, Portmarnock, Co Dublin.

Email: info@pslc.ie

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