



National Fitness Day 2017



National Fitness Day 2017 is taking place during the European Week of Sport on Friday 29th September 2017.

Last year the event received great support from Ireland Active members. Supported by Sport Ireland, Healthy Ireland and various other partners, the day was a success for promoting facilities and physical activity opportunities.

There was coverage in local and national media in the lead up and during the day and a lot of interest on social media. This year we want to make the event bigger and better!

There will be more opportunities for facilities and suppliers over the next few weeks, for the moment save the date and sign up for direct updates.

By registering your Fitness Day offers with Ireland Active you will receive the logo and access to promotional material to help promote your events. All facilities taking part will be listed on the National Fitness Day website.

[Sign up for direct updates](#) and check out last year's [National Fitness Day video](#).

Ireland Active Conference and White Flag Awards

The Ireland Active Annual Conference and White Flag Awards will take place at the Lyrath Estate Hotel in Kilkenny on Friday 17th November.

More information will be available over the coming weeks for tickets and exhibiting. We are looking forward to a great event this year.

Rooms are available to book with the Lyrath Estate reservations team:
Special Ireland Active rate- €130 single, €170 double, €220 triple

Contact Details:
Phone 056 7705814 or email reservations@lyrath.com

Reservations Office Opening Hours
Monday - Friday: 9:00am - 8:00pm, Saturday - Sunday: 10:00am - 6:00pm

SPAR Fitlive 5k/10k Discount

Join Al Porter, Karl Henry, Derval O'Rourke and Irish Olympian Mick Clohisey in the SPAR Fitlive 5k/10k Run on July 15th at 10am in the Phoenix Park.

Special discount for Ireland Active Members-

Use discount code "**SPAR40**" for a 40% discount with thanks to SPAR.
Register now at FitLive.ie.



Garda Vetting Update

Please ensure you allow adequate time for all Garda Vetting applications to be processed. Applications generally take 2-3 weeks but this timeframe is expected to increase during the summer months.

The Department of Justice and Equality has set the 31st December 2017 as the date by which retrospective vetting must be completed. All retrospective vetting must be completed by this date.

Please note you cannot "blanket vet" all your staff. Only staff who are carrying out work or activity, a necessary and regular part of which consists mainly of the person having access to, or contact with, children or vulnerable adults are required to be vetted.

At the moment, there is no timeframe for revetting staff but best practise is recommend as every 2-3 years.

If you have any questions on Garda Vetting please refer to [our website](#) or contact Niamh in the office by [email](#) or phone 01-6251192.

[Click here](#) for the latest news from REPs Ireland Registrar Vincent O'Flaherty.



If you need information on your REPs membership, renewal date or insurance please call the office on 01-6251192.

Water Testing - Best Practice

Swimming is one of the most popular sport and exercise activities in Ireland. As part of the White Flag National Standard for Leisure and Hotel facilities specific water testing for swimming pools, jacuzzis and spa pools is required, this includes microbiological testing.

Regular testing ensures desired parameters are met and is best practice. Pool water samples should always be taken from the same place (representative of the whole pool). The ideal place is in the middle of one of the long sides of the pool. In complex leisure pools, it may be necessary to take samples from a number of places. Maintaining adequate water conditions, complying with national and international standards and maintaining satisfactory environmental conditions is essential for the comfort and health of your members, lifeguards and staff.

Preferred suppliers (also linked below) provide services, equipment and training to ensure the highest standards are maintained across leisure facilities.

Courses are also available to book [here](#).

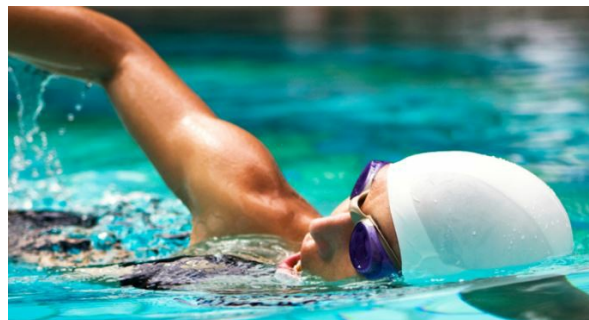
Useful Links:

[Swimming Pool Safety Guidelines and additional guidelines](#)

[CIMSPA](#)

[CDC - American Site](#)

[Pool Water Treatment Advisory Group \(PWTAG\)](#)



For more information

contact info@irelandactive.ie.

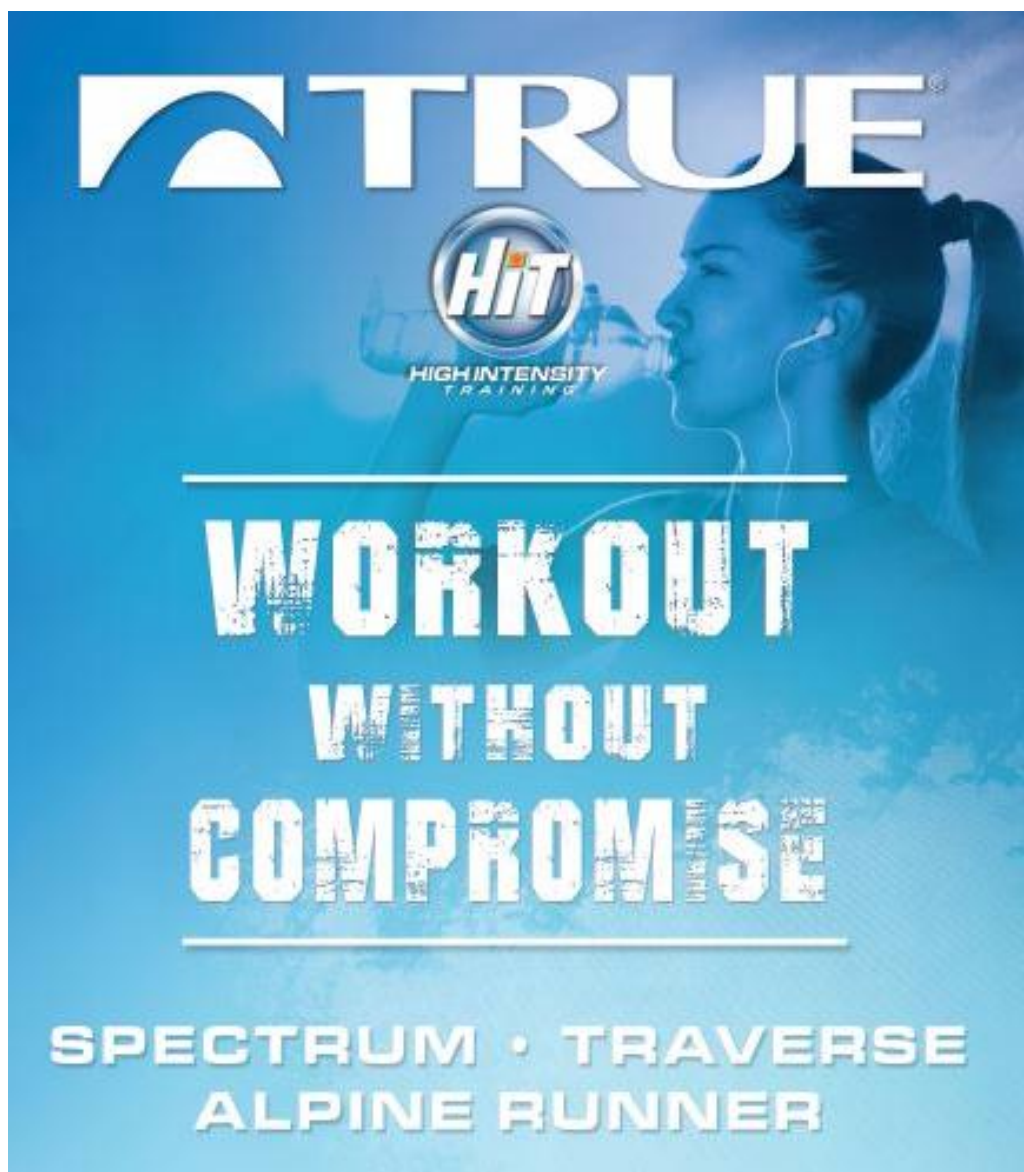
Improving Members Engagement and Retention

This month we bring you a case study on Customer Service from Damaris Ayres, Customer Service Manager at Gold White Flag Facility Newpark Sports Centre and Supplier Member Customer Link.



[Click here for the case study.](#)

Product Update - TRUE fitness USA



There has never been a better time to bring a uniquely exciting product from TRUE fitness USA (est. 1981) to your club. Just installed in clubs in Dublin as part of the world class expansion. Click the links below for more information about the products. Web: www.artoffitness.ie Tel:086 2855320.

[Traverse](#)

[New Alpine Runner](#)

[New Spectrum](#)

Partners:



Supplier Members:





BLK BLX

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See what's happening on our social sites:

