



# VACANCY

## **FULL TIME Health & Fitness Instructor**

The Health Fitness instructor is an exciting role for an experienced exercise/fitness/gym instructor.

Ideally applicants should have a degree in sports/exercise/health science and relevant work experience.

Applicants without a degree but with more work experience (3yrs+) or relevant experience and skills with clinical populations will be considered.

Applicants must have an interest working with clinical populations, which will include weight management, MS, Parkinson's, Cardiac Rehabilitation, people with a disability, stroke survivors, mental health and older adults.

Relevant additional training and qualifications is desirable such as Cardiac Rehabilitation Phase IV and other health/medical related training with physical activity.

This role leads and is part of a multidisciplinary team that includes HSE and other healthcare professionals, and liaising with other organisations.

Applicants should be comfortable leading programs and have strong communication skills in dealing with the public and allied professionals.

Other tasks relating to gym instruction & group exercise classes will also form part of the role.

Must be flexible and available to work days/evenings and weekends.

**Please send your CV and Covering Letter to**

**[recruitment@leisureworldcork.com](mailto:recruitment@leisureworldcork.com)**

Please note in the subject of your email, the job role you are applying for.

**Closing date: Friday 22<sup>nd</sup> February 2019**

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