



Fulltime Fitness Instructor: Gym Plus Naas

Do you love exercise and fitness? Are you working in the industry or would like to start? Do you want to be part of one of Irelands Biggest fitness club group?

Gym Plus Naas is seeking a fitness instructor to join our fitness team. The successful candidate will be joining a growing team of exercise and fitness professionals to deliver group exercise classes, design exercise plans for members and guests, be the first contact point for member queries, provide advice and coaching to members and guests enabling them to achieve their fitness and exercise goals.

The successful candidate will have:

Required Skills

- NCEF, NCEHS, ITEC, ACE or similar qualification (REPS Ireland approved).
- Excellent verbal and non-verbal communication skills.
- Creative, forward-thinking mind-set.
- Proven ability to work as part of a team.
- Excellent time management and attention to detail.

Desirable Skills

- IWS pool lifeguard qualification.
- Experience programming and delivering group exercise classes such as circuit classes, aqua aerobics, group cycling, HIIT.
- While not an essential requirement, experience in an exercise and fitness environment is preferable.

If you feel like you are the right person to join our team then we want to hear from you. Send us a copy of your CV, and a cover letter detailing your experience, motivations, to dermot@gymplus.ie

Good luck!

